



AuSable Valley Middle/High School May 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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BREAKFAST INCLUDES
variety of
lowfat & fat-free
milk, juice & cereal

MONDAY
Sausage & Cheese
Muffin

TUESDAY
French Toast
w/Sausage Links

WEDNESDAY
Bagel w/PB&J

THURSDAY
Ham & Cheese
Muffin

FRIDAY
Variety

EXPRESS LUNCH
includes lowfat or
fat-free milk,
whole wheat bread
& fruit

MONDAY
PB&J Sandwich
& Soup Variety

TUESDAY
Nacho's w/Cheese
w/Side Salad

WEDNESDAY
Burrito
w/Side Salad

THURSDAY
Variety

FRIDAY
Variety

		1 Sloppy Joe Tater Tots Pears	2 Chicken Nugget W/Roll French Fries Applesauce	3 Pizza Corn Apple	4 NO SCHOOL  UNUSED SNOW DAY	
7 Meatball Sub Tater Tots Applesauce	8 Hot Dog OR Michigan Potato Wedges Banana	9 Chicken Patty Tater Tots Apple	10 Hamburg French Fries Orange Wedges	11 Pizza Veggie Sticks w/Ranch Dressing Peaches		
14 Italian Dunkers w/Marinara Sauce Green Beans Orange Wedges	15 Hard Taco Day w/Meat, Cheese, Lettuce, Tomato & Salsa Macaroni Salad Banana	16 EARLY RELEASE <u>Brunch for Lunch</u> French Toast Sausage Links Hash Brown Apple Milk	17 Toasted Cheese Sandwich Tomato Soup Pears	18 Pizza Corn Mixed Fruit		
21 Chicken Patty Tater Tots Mixed Fruit	22 Nacho's w/Cheese Side Salad w/Ranch Dressing Applesauce	23 Hot Turkey Sandwich Mashed Potatoes w/Gravy Corn Apple Crisp	24 Pizza Veggie Sticks w/Ranch Dressing Peaches	25 NO SCHOOL  UNUSED SNOW DAY		
28 NO SCHOOL  MEMORIAL DAY	29 NO SCHOOL  UNUSED SNOW DAY	30 BBQ Rib French Fries Pineapple	31 Ravioli Garlic Bread Green Beans Apple			

LUNCH INCLUDES
Variety of lowfat or
fat-free milk
All breads & rolls
are **WHOLE
WHEAT**
fruit & condiments
are provided

BREAKFAST PRICES
K-6 \$1.10
7-12 \$1.30
Adult \$2.25

LUNCH PRICES
K-6 \$1.90
7-12 \$2.15
Chef Salad \$3.50

DOUBLE ENTREE
K-6 \$1.20
7-12 \$1.45
White Milk \$.55
Chocolate Milk \$.75

ATTENTION PARENTS
If you are interested in prepaying for your
child(s) breakfast and/or lunch by the week,
month or other arrangements OR if you have
questions about the free/reduced breakfast
and lunch program PLEASE call Mrs.
Martineau at the AVCS cafeteria 834-2805
or 647-5100
MENU SUBJECT TO CHANGE

May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Daily wrap choice is on a whole wheat wrap & comes with side salad, fruit & milk

Daily salad choice comes with fruit, milk & roll

		1 Buffalo Chicken Wrap OR Chef Salad	2 Turkey & Cheese Wrap OR Bacon Chicken Salad	3 Caesar Chicken Wrap OR Chef Salad	4 NO SCHOOL UNUSED SNOW DAY
	7 Bacon Chicken Ranch Wrap OR Chef Salad	8 Egg Salad Wrap OR Caesar Salad	9 Asian Chicken Wrap OR Chef Salad	10 Tuna Salad Wrap OR Buffalo Chicken Salad	11 Ham & Cheese Wrap OR Chef Salad
	14 BBQ Chicken Wrap OR Chef Salad	15 Tuna Salad Wrap OR Bacon Chicken Salad	16 EARLY RELEASE	17 Bacon Chicken Ranch Wrap OR Chef Salad	18 Turkey & Cheese Wrap OR Buffalo Chicken Salad
	21 Ham & Cheese Wrap OR Chef Salad	22 Buffalo Chicken Wrap OR Chef Salad	23 Tuna Salad Wrap OR Buffalo Chicken Salad	24 Bacon Chicken Ranch Wrap OR Chef Salad	25 NO SCHOOL UNUSED SNOW DAY
	28 NO SCHOOL MEMORIAL DAY	29 NO SCHOOL UNUSED SNOW DAY	30 BBQ Chicken Wrap OR Chef Salad	31 Asian Chicken Wrap OR Chef Salad	MENU SUBJECT TO CHANGE