



## Parent/Teacher Conferences

AuSable Valley Middle School will hold Parent/Teacher conferences on Tuesday, November 22nd from 3:00-8:00pm and on Wednesday, November 23rd from 8:00-11:30am. There is NO SCHOOL for students in grades 7-12 on Wednesday, November 23rd. The Middle School teachers meet with parents in teams. If you would like to meet with your student's teachers, please call Mrs. Brow in the Counseling Office at 834-2800 extension 212 to schedule a time for your conference.

Each parent conference is scheduled for fifteen minutes. If you need more time than is available, please feel free to contact Mrs. Lunan in the Counseling Office to schedule a meeting with your student's teachers.

A parent conference is a great time to share information and coordinate efforts at home and at school to assist your child in working, progressing and achieving at his or her maximum ability. If you have concerns with your child's progress, this will be a good opportunity to begin developing a plan for improvement. We hope that this is a valuable time for you and your student.

If you have any questions about the parent conferences, please contact the school at 834-2800.



On October 15<sup>th</sup>, AVCS student Noah Lawrence completed his first half marathon. Pictured with him are teachers Sarah Brown, Michelle Doorey, Molly Butts, and Steve Fulton who also competed in the run. The run was the 1<sup>st</sup> annual Peru Octoberfest half marathon in honor of Robert "Chip" Hamilton, with proceeds going to the Pulmonary Fibrosis Foundation. For a full list of runners and results, go to: [runoctoberfest.com](http://runoctoberfest.com).



### **"Race For The Cure"**

On October 1st, our Cross Country team participated in the "Race For The Cure" in Albany. The team was part of the Plattsburgh team called the Treasure Chests. The Treasure Chests is a support group for women with breast cancer. The team contributed \$335 to the Susan G. Komen Foundation!



After the 5K race they toured the New York State Museum and shopped at Crossgates Mall.

Pictured from left to right are Brandon Ruocco, Hunter Guennel, Melissa Bacon, Kendra Niemann, Michaela Courson, Aaron Turetsky, Maddie Hutchins, Paul Ford, Mr. Hutchins, Riley Cook, Mrs. Hamilton, Troy Straight, Ruthie Cook, Avery Cook, Mrs. North & Maranda Rock

## Student Council Needs Your Help!!!

Student Council is looking for people to submit names, rank, service branch and pictures of people who have graduated from AVCS, AuSable Forks or Keeseville High Schools and who are in or were in the military. Student Council is planning to continue to honor these people on the Student Council wall of honor. This years will be on display by the gym for about a month surrounding Veteran's Day.

## AVCS DRAMA CLUB INFORMATION AND IMPORTANT DATES

Currently the Drama Club is planning for the 20 Year Musical Gala Celebration to be held on Saturday, November 5th.

### Looking Ahead:

November 16th—Audition Process Workshop  
December 1st & 2nd—Auditions for Spring Musical  
January 3rd—Rehearsals begin  
January 21st—Elementary Theatre Workshop  
January 27th—Dancing with a Patriot Fundraiser  
March 15th-18th—2012 Musical Performances

**MSA NEWS**



On Saturday, October 15th approximately 80 middle school students attended the Corn Maze at Rulf's Orchard. It was a great success and all seemed to have a great time.

## PATRIOT



## PRIDE

November 1	Physicals @ Health Office
November 5	20 Year Musical Gala Celebration Dinner @5:30 & Show @8:00
November 10	Ten Week Marking Period Ends
November 11	NO SCHOOL - Veteran's Day
November 15	Physicals @ Health Office
November 16	Physicals @ Health Office BOE Meeting @6:00 - MS-HS
November 22	Parent/Teacher Conferences 3:00-8:00
November 23	Superintendent Conference Day Parent/Teacher Conferences 8:00-11:30
November 24-25	NO SCHOOL - Thanksgiving Break

## Public Swim Dates

The AVCS swimming pool will be open to the public on Sundays from 2:00-4:00pm and Wednesdays from 7:00-9:00pm starting on Sunday, December 4th and ending on Sunday, March 4th.

**NO public swim on Dec. 25th, 28th & Jan. 1st.**



**Yearbooks will be on sale soon! Information on how to order will be sent in next months newsletter. Please stay tuned!!**

## Important information from Health Office BMI (Body Mass Index)

A student's required school health examination includes measurement of height and weight. These numbers are used to calculate body mass index (BMI) and weight status group. The BMI helps the doctor or nurse know if the student's weight is in a healthy range.

Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. We will be reporting this information to the New York State Department of Health. Only summary information will be sent. No names and no information about individual students will be sent. The statistics submitted will help health officials develop programs that make it easier for children to be healthier.

You may choose to have your child's information excluded from this survey. If you do not wish to have your child's weight status group included as part of the Health Department's survey this year, please notify the nurse, **IN WRITING**, by **Friday, November 4, 2011**.

**PHYSICALS** - Any student who needs a physical (if your last one is over a year old), and wish to play a winter or spring sport, need working papers or are a 7th or 10 grader and need a mandatory physical may sign up in the Health Office.

**Physicals are being held on November 1st, 15th and 16th.**