<table>
<thead>
<tr>
<th>Monday, March 2</th>
<th>Tuesday, March 3</th>
<th>Wednesday, March 4</th>
<th>Thursday, March 5</th>
<th>Friday, March 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Nuggets</td>
<td>Hot Turkey Sandwich w/Gravy</td>
<td>Nachos Seasoned Meat/ Lettuce/Cheese/Salsa</td>
<td>Hot Dog OR Michigan Whole Wheat Roll</td>
<td>Pizza</td>
</tr>
<tr>
<td>Wheat Rolls</td>
<td>On WW Bread</td>
<td>On WW Bread</td>
<td>Whole Wheat Roll</td>
<td>Steamed Green Beans (1/4c)</td>
</tr>
<tr>
<td>Baked Potato Wedges (1/4c)</td>
<td>Mashed Potatoes (1/4c)</td>
<td>Sliced Carrots (1/4c)</td>
<td>Tater Tots (1/4c)</td>
<td>Chilled Peaches (1/4c)</td>
</tr>
<tr>
<td>Peach Cup (1/4c)</td>
<td>Spiced Apples (1/4c)</td>
<td>Chilled Applesauce (1/4c)</td>
<td>Mixed Fruit (1/4c)</td>
<td>(1/4c)</td>
</tr>
<tr>
<td>Low Fat Milk</td>
<td>Low Fat Milk</td>
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<td>Low Fat Milk</td>
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<tr>
<th>Monday, March 9</th>
<th>Tuesday, March 10</th>
<th>Wednesday, March 11</th>
<th>Thursday, March 12</th>
<th>Friday, March 13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamburger or Cheeseburger On Whole Wheat Roll Baked Potato Wedges (1/4c) Mixed Fruit (1/4c)</td>
<td>Toasted Cheese on Whole Wheat Bread Tomato Soup (1/4c serve 1c) Chilled Pears (1/4c)</td>
<td>Popcorn Chicken On Mashed Potatoes (1/4c) w/Gravy Dinner Rolls Chilled Applesauce (1/4c)</td>
<td>Early Release Brunch for Lunch Pancakes Sausage Patty Hash Browns (1/4c) Apple (1/4c)</td>
<td>Pizza Carrot Sticks (1/4c) Chilled Peaches (1/4c)</td>
</tr>
<tr>
<td>Low Fat Milk</td>
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**“Circus Day” at AVCS on Wednesday March 4th**

Daylight saving time 2020 starts March 8th

AuSable Valley Central School KES Pre-K

This institution is an equal opportunity provider. Menus are

There are more pet fish in the U.S. than any other kind of pet.

Over 150 million!
### Breakfast Menu

- **Monday, March 16**
  - Hot Dog OR Michigan Whole Wheat Roll Baked French Fries (1/4c)
  - Peach Cups (1/4c)
  - Low Fat Milk

- **Tuesday, March 17**
  - Italian Dunkers w/Marinara Sauce Tossed Salad (1/4c) (serve 1 Banana (1/4c)
  - Mixed Fruit (1/4c)
  - Low Fat Milk

- **Wednesday, March 18**
  - Chicken Nuggets Wheat Rolls Steamed Corn (1/4c)
  - Mixed Fruit (1/4c)
  - Chilled Pears (1/4c)
  - Low Fat Milk

- **Thursday, March 19**
  - Spaghetti Garlic Bread Tossed Salad (1/4c) (serve 1 Chilled Pears (1/4c)
  - Low Fat Milk

- **Friday, March 20**
  - Pizza Steamed Green Beans (1/4c)
  - Chilled Applesauce (1/4c)
  - Low Fat Milk

### Second Choice Menu

- **Monday, March 23**
  - Meatball Sub w/Cheese Whole Wheat Roll Baked Potato Rounds (1/4c)
  - Apple (1/4c)
  - Low Fat Milk

- **Tuesday, March 20**
  - Popcorn Chicken On Mashed Potatoes (1/4c) w/Gravy
  - Dinner Rolls Chilled Applesauce (1/4c)
  - Low Fat Milk

- **Wednesday, March 25**
  - Hard Taco Seasoned Meat/ Cheese/Salsa Steamed Corn (1/4c)
  - Peach Cup (1/4c)
  - Mixed Fruit (1/4c)
  - Low Fat Milk

- **Thursday, March 26**
  - Hamburger or Cheeseburger On Whole Wheat Roll Baked Potato Wedges (1/4c)
  - Mixed Fruit (1/4c)
  - Low Fat Milk

- **Friday, March 27**
  - Pizza Steamed Green Beans (1/4c)
  - Chilled Applesauce (1/4c)
  - Low Fat Milk

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**Breakfast Menu**

- **Monday-Grab & Go**
- **Tuesday-Breakfast Sandwich**
- **Wednesday-Sausage Pancake Wrap**
- **Thursday-Breakfast Pizza**
- **Friday-Grab & Go**

Fruit variety will be offered daily and a fruit **MUST** be chosen as part of a complete breakfast. All items are whole grain, an assortment of whole grain cereal is offered and low fat milk.

**Second Choice Menu**

- **Monday, Wednesday & Friday**
  - Turkey & Cheese Sandwich on Whole Wheat

- **Tuesday & Thursday**
  - Ham & Cheese Sandwich on Whole Wheat

Choice of daily vegetable, fruit and low fat milk.